



Republic of the Philippines
Department of Education
National Capital Region
DIVISION OF CITY SCHOOLS
Quezon City, Metro Manila



August 18, 2011

MEMORANDUM TO:

Asst. Schools Division Superintendent
Division/District Supervisors
Division Employees
All Concerned

In view of the Physical Fitness Program to be implemented by this Division with regards to the Division Office Personnel's well-being to become physically and mentally fit for work and to prevent illnesses for being overweight, the Division office sponsors the fitness training program starting the month of September after office hour, every Monday, Tuesday and Friday.

All interested employee who wants to join the program must register on or before the last week of August at the Property and Supply Section.

For compliance.

CORAZON C. RUBIO, CESO VI
Schools Division Superintendent