



Republic of the Philippines
Department of Education
National Capital Region
DIVISION OF CITY SCHOOLS
QUEZON CITY
Nueva Ecija St., Bago Bantay, Quezon City



August 25, 2011

MEMORANDUM TO:

Assistant Schools Division Superintendents
Division/District Supervisors
Elementary and Secondary School Principals
Head Teachers/ Officer In-Charge

Subject: INVITATION OF PUBLIC SCHOOL TEACHERS FOR RIBBON CUTTING

Attached is a letter dated July 22, 2011 from JEAN M. GOULBOURN, President, Natasha Goulbourn Foundation, re: **INVITATION OF PUBLIC SCHOOL TEACHERS FOR RIBBON CUTTING**, the contents of which are self – explanatory, for the information and guidance of all concerned.

Immediate and wide dissemination of this Memorandum is desired.

CORAZON C. RUBIO, CESO VI
Schools Division Superintendent

cdd/ala



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natasha goulbourn foundation

July 22, 2011

Bro. Armin Luistro, FSC

Secretary

DEPARTMENT OF EDUCATION

DepEd Complex, Meralco Ave., Pasig City

ATTN: Usec. Rizalino Rivera, Undersecretary for Regional Operations

Subject: INVITATION OF PUBLIC SCHOOL TEACHERS FOR RIBBON CUTTING

Dear Bro. Luistro,

Greetings of Peace from the Natasha Goulbourn Foundation!

As we have been discussing these last few months, we are launching an event on **September 09, 2011 (Friday)** called **Walk and Light for Hope** at the **Quezon Memorial Circle, Elliptical Road, Dilliman, Quezon City**. This event is going to be held in commemoration of World Suicide Prevention Day which is held globally on September 10.

This event will have booths from your good office, DOH and the DSWD along with three schools, namely Miriam College, University of the Philippines and Ateneo University. The activity and exhibit booths will allow the participants to learn more about depression- how to recognize the symptoms and how to help loved ones who may be suffering from this mental illness.

We have planned to formally open the booths at **2:00 p.m.** with a **ribbon cutting ceremony**. I would like to request your good office to assist us in inviting the principals of all the public schools in Quezon City to participate in this activity.

I believe that the presence of these academic leaders would further encourage the public that there is **HOPE** for depression. Depression is treatable! Depression is preventable!

I hope to hear a favorable response from you soon!


JEAN M. GOULBOURN
President



**Walk and Light for Hope
September 9, 2011, Friday
Liwasang Aurora, QC Memorial Circle
Program Sequence Guide**

<u>TIME</u> (Venue: U.P.)	<u>ACTIVITY</u>
7:30 AM	Fun Walk/Run
9:00 – 11:30AM	Series of Lectures "Taming the Demons in our Midst: Finding Healing from Bullying & Depression"
Lecture 1: "Caring for the Bullies and the Bullied: Turning Our Schools Into Peace Zones" By Dr. Violeta 'Bolet' Bautista	
Lecture 2: "Conquering our Low Moods: Creating Natural Highs in Life" By Dr. Jerry Jurisprudencia	
Lecture 3: "Nurturing Resilience: From Healing to Wellness and Wholeness" By Dr. Peachy Mendoza	
(Venue: Liwasang Aurora, QC Memorial Circle)	
1:00 PM	Healing Mass
2:00 PM	Ribbon Cutting of Exhibit and Activity Booths
2:00 PM – 5:00 PM	Booth Activities <ol style="list-style-type: none"> 1. Exhibitions of Various Schools 2. Counseling Sessions 3. Selling Activities 4. Distribution of Brochures & References
5:00 PM	Formal Program Begins
8:00 PM	End of Program



Program Details

Invocation

National Anthem

Welcome Remarks by Vice Mayor Joy Belmonte

Special Message by Jean Goulbourn

DOH Sec. Enrique T. Ona

"Developing A Nationwide Culture Of Mental Fitness"

DSWD Sec. Corazon Juliano-Soliman
Program Launching

Inspirational Address by QC Mayor Herbert Bautista

Pledge of Commitment Ceremony

Song Number by A Popular Artist

Candle Lighting Ceremony

Candlelight Memorial Walk

Musical Concert